



NHS
MUSLIM
N E T W O R K

Progress update

July 2022 – September 2023

With hardship comes ease...

Foreword

مَعَ الْعُسْرِ يُسْرًا
With hardship comes ease.
Quran 94:5

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
— IN THE NAME OF ALLAH —

In this moment of reflection and progress, we find ourselves humbled by the incredible journey we have undertaken as a network. It is with great gratitude and appreciation that we look back in composing this Progress Update. As we pen down our achievements, we pause to acknowledge the unwavering support and encouragement from our members and leaders, which has led to pushing boundaries and striving for excellence.

Our network's growth stands as a testament to the strength and unity within our NHS Muslim community. We have flourished, and evolved into a network that stands shoulder to shoulder with our Muslim colleagues, allies, and friends.

The nominations and awards we've received, particularly for our award-winning Support Package, illustrate the impact our collective efforts have had. We stand united, bound by a common purpose to foster inclusivity and understanding in our NHS community. Looking ahead, we hold firm to our aspirations, eager to expand our network's reach and influence.

We would like to express our deepest gratitude to everyone who has played a role in our journey, for it is your love and support that keeps us fuelled and passionate about the path we tread.



Shohail Shaikh



Halima Dagia



Riyaz Patel

Co-Chairs of the National NHS Muslim Network

Our Vision

“Inspiring, celebrating and championing the contribution of the NHS Muslim community”.

Strategy

Our strategy was to deliver our Support Package, which was a result of several engagement sessions with our members on what they wanted and needed from the network.

This resulted in a comprehensive Support Package being designed for our members, which included:

- Talent development webinars
- Leadership development webinars
- 'How to be a better Muslim' series
- Members meetings
- Wellbeing support
- Islamic support
- Events



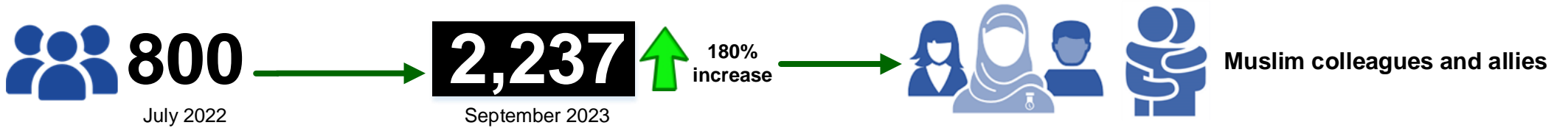
Overview - support package	
Talent development webinars <ul style="list-style-type: none"> Boost your confidence Understanding emotional intelligence Building your personal resilience Application writing and interview skills 	Wellbeing support <ul style="list-style-type: none"> "Let it out" service REACT mental health conversation training
Leadership development webinars <ul style="list-style-type: none"> Compassionate leadership Leading through change Difficult conversation planning 	Islamic support <ul style="list-style-type: none"> Revert support Questioning your faith support Introduction to Islam General guidance On-request talks/training (subject to capacity and review)
'How to be a better Muslim' series <ul style="list-style-type: none"> October: How to perform Wudu and pray November: The personality of an ideal Muslim December: The Muslim and their relationship with Allah S.W.T January: How to treat others February: Lessons from the Prophet's farewell sermon March: How to fast during the holy month of Ramadan April: The importance of Eid Al Fitr and how to celebrate May: The importance of Hajj June: The importance of Eid Al Adha and how to celebrate July: How to be an effective member of society August: The importance of charity September: A reminder of the five pillars of Islam 	Events* <ul style="list-style-type: none"> October: supporting black history month November: supporting islamophobia month December: supporting national grief awareness week January: supporting world religion day February: supporting eating disorder awareness week March: supporting international women's day April: Ramadan reflections, Zakaat, Eid Al Fitr celebration event May: supporting mental health awareness week June: supporting men's health week July: Eid Al Adha celebration event August: supporting south asian heritage month September: supporting world suicide prevention day
Members meetings <ul style="list-style-type: none"> Regular informal meetings for members, allies and friends 	

*Please note this list is not exhaustive and other events may occur throughout the year.

Key statistics (July 2022 – September 2023)

Membership and followers

Members



Twitter

From 1,300 followers to:

2,757 **112% increase**

LinkedIn

From 94 followers to:

953 **914% increase**

Instagram

From 1,000 followers to:

1,631 **63% increase**

Social Media



489,605

Social media views

Website Engagement



31,890

Visits to our website

Support Package Engagement



2,337

Members engaged with the Support Package

Offerings



87

Offerings/sessions for our members

Events

We have held 14 events tied to national campaigns and key Islamic celebrations (this does not include our Ramadan and Eid support 2023 – please see next page for more information).

A collage of some of the event posters is shown below:

1,173

Attendees

51

Speakers



Ramadan and Eid support 2023

The network was highly commended in providing a comprehensive Ramadan and Eid support in 2023, which included nine events, guidance, #NHSRamadanChallenge for allies, and a space for reflections.

A collage of some of the support provided is shown below:

The collage features the following event posters:

- Ramadan and Eid Guidance 2023:** Guidance for NHS Muslim staff, managers and colleagues. You are not alone. You matter.
- NHS Muslim Network Presents: Supporting Muslim staff and colleagues in Ramadan:** Hosted by the Co-Chairs of the National NHS Muslim Network Co-Chairs. 21 March 2023 (10-11am) and 28 March 2023 (4-5pm).
- Zakat Workshop:** 3 April 2023, 5-6pm. Visit nhsmuslimnetwork.co.uk for MS Teams link.
- Members Special Ramadan Edition meeting:** Thursday, 6 April 2023, 12-1pm. Visit nhsmuslimnetwork.co.uk for details.
- Ramadan Reflections:** 20 April 2023, 5-6pm. Visit nhsmuslimnetwork.co.uk for MS Teams link.
- 'How to be a better Muslim' series:**
 - How to fast during the holy month of Ramadan: Date: 22 March 2023, Time: 5-6pm.
 - The importance of Eid Al-Fitr and how to celebrate: Date: 18 April 2023, Time: 5-6pm.
- NHS Ramadan Challenge 2023:** The National NHS Muslim Network are excited to launch our #NHSRamadanChallenge 2023.
- Eid Al-Fitr Celebration Event:** 27 April 2023, 5-6pm. Hosted by our Co-Chairs: Shohail Shaikh, Halima Dagiya, Riyaz Patel.
- Eid Al-Fitr Celebration and learning event:** Tuesday, 2 May 2023, 6-8pm. Facilitated by our Co-Chairs: Shohail Shaikh, Halima Dagiya, Riyaz Patel.
- Celebrating Eid Al Adha:** Wednesday, 5 July 2023, 5-6pm. Hosted by our Co-Chairs: Shohail Shaikh, Halima Dagiya, Riyaz Patel.

725

Attendees

21

Speakers

First ever in-person Eid Al Fitr Event

The network was exceptionally proud to host their first ever in-person Eid Al Fitr Celebration and Learning Event. The event was attended by over 100 people.

The event was opened by Amanda Pritchard, Chief Executive of NHS England, and was supported by our Executive Sponsor – Chris Hopson, Chief Strategy Officer, and Em Wilkinson-Brice, National Director of People, NHS England, along with others shown below:



First ever in-person Eid Al Fitr Event

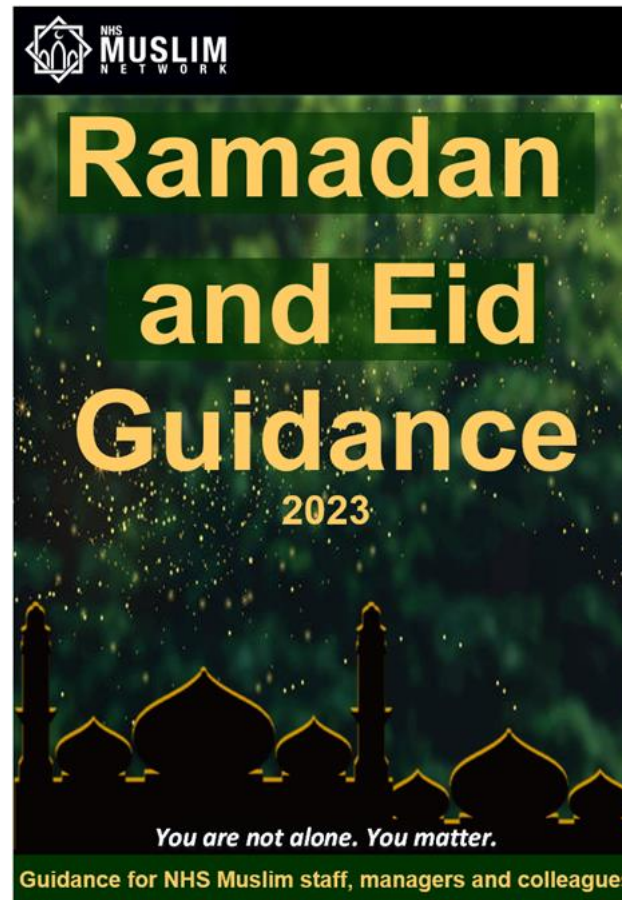
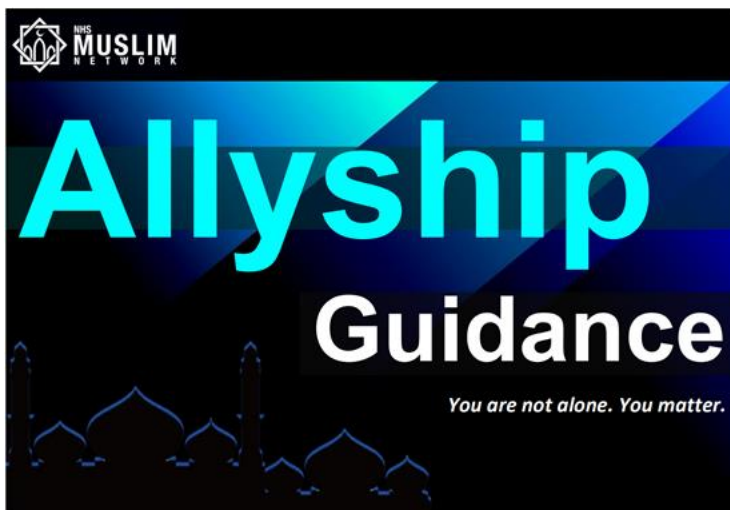


Guidance Documents

Over the past year, we have dedicated ourselves to creating and disseminating a collection of comprehensive guidance documents, which address the unique needs of our community.

These resources are aimed at fostering understanding and inclusivity. We take immense pride in the overwhelmingly positive reception and recognition these resources have garnered. This is a testament to their relevance and impact.

Some of our guidance documents, are shown below:



Partnership working

The network is proud to have worked alongside several organisations over the year. Collaborative working is key to progress, and we have enjoyed working together with our partners in pooling our diverse skills, experiences, and perspectives, for the benefit of our members. Some of our partners, shown below:

QUARTERLY INTERFAITH WEBINAR
Inclusion in the context of faith and building bridges across communities

Staff Networks
Jewish Christian Muslim

NHS England

THE INVITATION

Sacred Knowledge → Personal Development → Science & Medicine → Community → History and Culture

National NHS Muslim Network

Home → Community → National NHS Muslim Network

WORLD HIJAB DAY ORGANIZATION

Halima Dagia

National NHS Muslim Network

ISLAMOPHOBIA AWARENESS MONTH

NHS Muslim Women's Network

BOOST YOUR CONFIDENCE

26 JANUARY 2023
5-7PM
MS TEAMS

WITH **SHOHAIL SHAIKH**

In partnership with the national NHS Muslim Network, please join Shohail Shaikh (Chartered MCIPD), Co-Chair of the NHS Muslim Network for this webinar.

LIMITED SPACES!

NHS MUSLIM NETWORK

BUILDING YOUR PERSONAL RESILIENCE

29 MARCH 2023
5-7PM
MS TEAMS

WITH **HELEN CAMPBELL**

In partnership with the national NHS Muslim Network, please join Helen Campbell (Chartered MCIPD), Head of Ailyship, Wellbeing and Talent Development, NHS Muslim Network, for this webinar.

LIMITED SPACES!

NHS MUSLIM NETWORK

APPLICATION WRITING AND INTERVIEW SKILLS

26 APRIL 2023
5-6PM
MS TEAMS

WITH **HALIMA DAGIA**

In partnership with the national NHS Muslim Network, please join Halima Dagia, Co-Chair of the NHS Muslim Network for this webinar.

LIMITED SPACES!

NHS MUSLIM NETWORK

UNDERSTANDING EMOTIONAL INTELLIGENCE

23 FEBRUARY 2023
5-7PM
MS TEAMS

WITH **SHOHAIL SHAIKH**

In partnership with the national NHS Muslim Network, please join Shohail Shaikh (Chartered MCIPD), Co-Chair of the NHS Muslim Network for this webinar.

LIMITED SPACES!

NHS MUSLIM NETWORK

Religious tolerance in the workplace: Focus on Islamophobia

Date: 20 February 2023
Time: 4-5pm
Host: BLMK ICS

Shohail Shaikh Halima Dagia
Co-Chairs, National NHS Muslim Network

diversitynetwork

Religion at work: Encouraging multi-faith inclusion and setting up spaces for prayer

Tuesday 18th April 11am EDT and 4pm BST

Professor Michael Smeyers University of Oxford
Gurchaten Sandhu USA World
Shohail Shaikh National NHS Muslim Network, NHS
Reverend Mark Fowler Tanenbaum Center
Elisabeth Galvin Diversity Network

South Asian Heritage Month

Blood and Transplant

A conversation with Riyaz Patel, NHS England WRES Lead and NHS Muslim Staff Network co-Chair

Friday 29 July, 2pm - 3pm

Riyaz Patel, NHS England's Workforce Race Equality Standard (WRES) Lead and Co-Chair of the NHS Muslim Network, will offer insights on how equal and inclusive the NHS is for South Asian heritage colleagues.

Workplace disparities and inequities can be eliminated using culturally competent organisational interventions and approaches. Riyaz will share the actionable steps and best practice that helps outstanding NHS trusts achieve progress in workplace equity.

This event is part of the NHSBT Diversity and Inclusion Team programme for South Asian Heritage Month 2022.



BRITISH ISLAMIC MEDICAL ASSOCIATION



GREEN LANE MASJID & COMMUNITY CENTRE



Muslim Doctors Association

Awards and recognition

It is with great gratitude and emotion that we share the incredible journey of awards, accolades and recognition of our Network.

The nominations for National Diversity Awards, National BAME Health and Care Awards, APNA NHS Awards, and the honour of being nominated among the 'Top 50 Most Influential Muslims in Europe' by Equality X are not just acknowledgments but reflections of unwavering dedication and tireless efforts of our network.

Being recognised for 'Outstanding contributions to impactful Equality, Diversity, and Inclusion Champions' and 'Outstanding achievement of the year' for our Support Package, 'Community organisation award for Race, Religion and Faith' and 'Ally of the year' has been incredibly humbling.

The recognition echoes the essence of our Vision of "Inspiring, celebrating and championing the contribution of the NHS Muslim community".

These awards reflect the importance of fostering an inclusive environment and advocating for the needs of the Muslim community within the NHS. They signify a step forward in breaking the glass ceiling, allowing us to shatter stereotypes and misconceptions surrounding Islam and the needs of Muslim colleagues.

We extend our heartfelt gratitude to our members for their unwavering support. Thank you for being a vital part of this remarkable journey so far.

We also dedicate our awards to every single hard working colleague who works so tirelessly for our NHS.



National BAME Health & Care Award



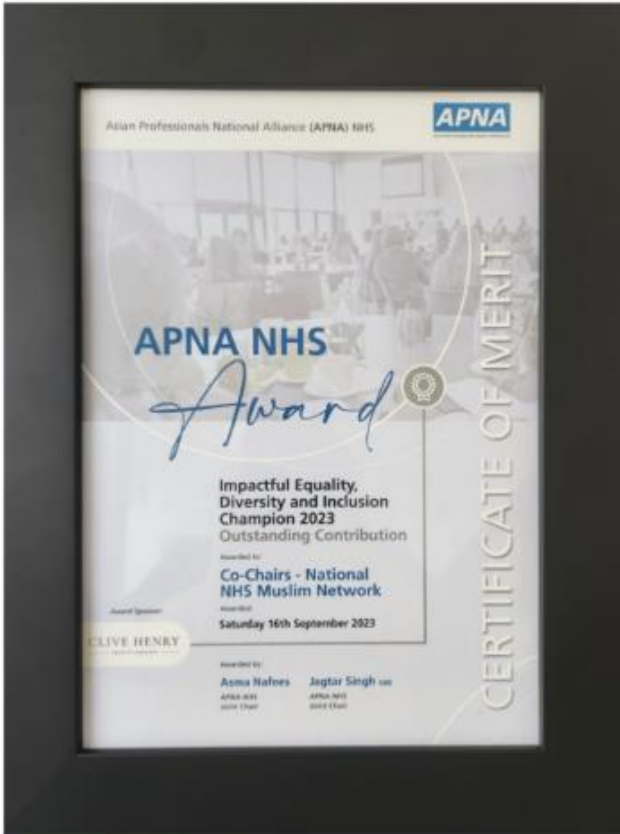
WINNER
Outstanding Achievement



Co-Chairs (Shohail Shaikh, Halima Dagia and Riyaz Patel)



APNA NHS Award



Asian Professionals National Alliance (APNA) NHS AWARDS EVENING 16TH SEPTEMBER 2023

Impactful Equality, Diversity and Inclusion Champion

Award Sponsor: **CLIVE HENRY**

Co-Chairs, National NHS Muslim Network



Shobhal Shaikh, Halima Dagi, Riyaz Patel
Co-Chairs of the National NHS Muslim Network

Co-Chairs of the NHS Muslim Network Shobhal Shaikh, Halima Dagi and Riyaz Patel. The NHS Muslim Network aims to provide representation for Muslim colleagues working across the NHS, to work in partnership with NHS organisations and health agencies to promote an inclusive, diverse workplace where people of all backgrounds, faith and no faith, can bring their full selves to work and fulfil their potential. Membership is open to all NHS staff of Muslim faith, and those with a positive interest in driving forward equality and diversity in the workplace and tackling health inequalities.

Kez Hayat



Kez Hayat is Head of Equality, Diversity and Inclusion

Jaspreet Kaur Singh

Jaspreet is an inspirational individual who has made a significant and positive impact to improve opportunities for diverse members of the community to volunteer and improve outcomes for patients and at the same provide opportunities for the volunteers to make a significant contribution by driving forward the Equality, Diversity and Inclusion agenda.

Shehla Imtiaz-Umer



Dr. Shehla Imtiaz-Umer, a dedicated healthcare professional with an impressive array of qualifications including BSc (Hons), MSc, BMBS (2012), MRCP, DRCOG, and DOL, proudly hails from Derby's vibrant Normanton neighbourhood. Her journey in medicine has been marked by a relentless pursuit of excellence and a deep-rooted passion for serving her community.

Originally commencing her academic journey in Leicester and later residing in Kerr, Dr. Imtiaz-Umer embarked on a fascinating career in pharmaceutical and academic research. However, her unwavering desire to make a direct impact on patients' lives led her to take a courageous leap, transitioning from research to a career in medicine. She pursued Graduate Entry Medicine at the esteemed University of Nottingham, setting the stage for her remarkable



Other nominations



Nominated and Shortlisted for:

Ally of the Year

National Health and Care BAME Awards



National **Diversity** Awards 2023
In association with
itvNEWS www.nationaldiversityawards.co.uk #NDA23



Congratulations
National NHS Muslim Network
You have been nominated for the 2023
Community Organisation Award for Race, Religion & Faith



Helen Campbell

Head of Allyship, Wellbeing and Talent Development

The journey continues

The next steps in our journey are incredibly exciting. The Co-Chairs have appointed a new Executive Team to deliver an enhanced and even more ambitious new Support Package that builds upon the previous award winning version.



Shohail Shaikh Halima Dagia Riyaz Patel
Co-Chairs of the National NHS Muslim Network



**Sajjad
Mushtaq**
Head of
Network
Visibility &
Events



**Tokunbo
Awosusi**
Head of
Network
Projects



**Abu Bakr
Banaras**
Head of
Islamic
Advice



**Helen
Campbell**
Head of
Allyship,
Wellbeing &
Talent
Development



**Zain
Hameed**
Head of
Clinician
Experience



**Vivian
Okuguni**
Head of
Leadership
Development



**Cameron
Pacey**
Head of
Career
Development



**Amnah
Shah**
Head of
Speaking
Up



**Sophia
Bhaimia**
Head of
Health
Promotion

Executive Team of the National NHS Muslim Network

The journey continues



Support package

October 2023 – September 2024

With hardship, comes ease...

Our new Support Package includes:

- Talent development webinars
- Rapid talent development webinars
- Leadership development webinars
- Career development support
- Wellbeing webinars and support
- Speaking up support
- Allyship webinars
- Events
- Ramadan and Eid Al Fitr support 2024
- Our members meetings
- 'How to be a better Muslim' series
- Islamic support

To view our new Support Package, please visit our website – www.nhsmuslimnetwork.co.uk



With hardship comes ease...





NHS
MUSLIM
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Thank you
JazakAllah Khair
For more information please contact the
National NHS Muslim Network –
england.muslim1@nhs.net

 nhsmuslimnetwork.co.uk

 [linkedin.com/company/nhs-muslim-network](https://www.linkedin.com/company/nhs-muslim-network)

 twitter.com/NHSMuslimNet

 [instagram.com/nhsmuslimnetwork](https://www.instagram.com/nhsmuslimnetwork)