

# Meet the National NHS Muslim Network team...



**Shohail Shaikh**



**Halima Dagia**



**Riyaz Patel**

**Co-Chairs of the National NHS Muslim Network**



**Sajjad  
Mushtaq**  
Head of  
Network  
Visibility &  
Events



**Tokunbo  
Awosusi**  
Head of  
Network  
Projects



**Abu Bakr  
Banaras**  
Head of  
Islamic  
Advice



**Helen  
Campbell**  
Head of  
Allyship,  
Wellbeing &  
Talent  
Development



**Zain  
Hameed**  
Head of  
Clinician  
Experience



**Vivian  
Okuguni**  
Head of  
Leadership  
Development



**Cameron  
Pacey**  
Head of  
Career  
Development



**Amnah  
Shah**  
Head of  
Speaking  
Up



**Sophia  
Bhaimia**  
Head of  
Health  
Promotion

**Executive Team of the National NHS Muslim Network**

# Meet the National NHS Muslim Network team...



**Sajjad Mushtaq**  
Head of Network Visibility & Events



**Tokunbo Awosusi**  
Head of Network Projects



**Abu Bakr Banaras**  
Head of Islamic Advice



**Helen Campbell**  
Head of Allyship, Wellbeing & Talent Development



**Zain Hameed**  
Head of Clinician Experience

## What is your role in the network?

As the Head of Network Visibility and Events I am responsible for raising awareness of the network, facilitating the members meetings and supporting the Co-Chairs with inviting Guest Speakers to our events. I have successfully been doing this role over the past year.

My role in the network is the Head of Network Projects. I am a certified Prince2 Senior Project Manager and IT business analyst with over 20 years' experience in managing IT projects, improvement projects, as well as complex covert and transformation projects. I'm currently pursuing a certification in Team Leadership.

My role within the network is Head of Islamic Advice. I am a traditionally trained Imam who studied the sacred sciences in the UK and abroad. I was an Imam and Friday speaker in various mosques in the south of England for over 10 years. I currently support a local mosque in the capacity of a youth engagement support scholar.

My role within the network is head of Allyship, Wellbeing and Talent Development. I have been working in L&D/OD for 28 years in both private and public sector organisations, where I have coached and developed people across a broad spectrum. I have a interest in mental health and am a Mental Health Instructor for MHFA England.

I have the privilege of being the Head of Clinician Experience. As a dentist who has undertaken roles within general practice, secondary care and national policy, I hope to use this post to further engage with our colleagues across the NHS, shedding light on their journeys, successes, challenges and key advice.

## Why did you join the network?

I am passionate about making the NHS more inclusive for all staff and patients. I know we all have a lot of work to do to make this happen. I have my own lived experiences that make me want to make improvements for other NHS colleagues.

I am very passionate about my profession and tend to seek ways to support my colleagues using my vast knowledge, skills, and experience to impact their vision. This is what drew me into this network, but more importantly, how to improve my faith in Islam.

To serve the people of this ummah (Muslim and non Muslim alike) The role of serving is virtuous but also extremely important in our current times. The network is a safe place for anyone to approach and want learn more about Islam, and to be part of this, for me, is a great privilege.

I have been with the network for over a year and joined because I have a passion for inclusion, and have always been curious about different cultures, heritages and religions. I pride myself on promoting inclusion in everything I do. I care, I want to make a difference and to continue my learning journey.

Having been impressed by the growth and extensive range of beneficial initiatives held by the network last year, I joined to further spread its positive reach, provide insights on personal/career development and further appreciate the experiences that define the amazing individuals that make up our NHS.

# Meet the National NHS Muslim Network team...



**Vivian Okuguni**  
Head of Leadership Development



**Cameron Pacey**  
Head of Career Development



**Amnah Shah**  
Head of Speaking Up



**Sophia Bhamia**  
Head of Health Promotion

## What is your role in the network?

As the Head of Leadership Development I will be facilitating leadership webinars. I am an experienced Learning & Organisational Development specialist, certified NLP master practitioner, psychometric tools specialist and coach with a growth mind-set. I have over 17 years experience in learning and OD, which includes leadership development.

As the Head of Career Development I will be facilitating talent development webinars, and leading coaching and mentoring. I have worked in OD, Education and Workforce development for 4 years. I am a Career Development Facilitator, and currently undertaking my CIPD qualification.

As the Head of Speaking Up, I will be raising awareness, supporting and advising on speaking up. I will explore the most effective routes available to raise concerns and address barriers. I will be facilitating speaking up webinars. I have 11 years' experience as Lead Muslim Chaplain and 2 years as a Freedom to Speak Up Guardian

As the Head of Health Promotion I will focus on healthy eating and keeping active during the month of Ramadan. My interest in healthy eating and keeping active around Ramadan arose from volunteering at a local boxing club. Following which I became a qualified England Boxing Coach in 2017.

## Why did you join the network?

I joined the network because I want to support people's development in **BECOMING** the version they want to be and to take **PRIDE** in their development journey. I am passionate about people. I am skilled at facilitating meaningful conversations that creates self-awareness, reflection and insight.

I have joined to help tackle inequity, poor experience, and help to build our NHS into a place where everyone is welcome, safe and included. I hope that through my role I will be able to aid people in developing confidence, professional growth and fulfilment within their roles (and future roles!) within the NHS.

I am very passionate about bringing positive cultural change to all walks of my life and empowering people along the way to be the best. Joining the network was another avenue to connect with fellow Muslims/allies to continue this passion through learning, sharing good practice and continuing self-development.

I am very passionate about fitness and understand the challenges during Ramadan for Muslim colleagues. My role within the network will help those who would like to embrace, what I call, a quite disciplined yet fulfilling journey of healthy eating and keeping active during the month of Ramadan and beyond.



# Vision, values and aims

## Vision

“Inspiring, celebrating and championing the contribution of the NHS Muslim community”.

## Aims of the network

- Increase awareness about Islam/Muslims within the NHS, and challenge Islamophobia.
- Raise the visibility and profile of Muslim colleagues by providing active representation and a voice to share their lived experiences.
- Provide a safe space for our members to create a sense of belonging and community.
- Develop the talent and leadership capabilities of our members.
- Provide wellbeing support for our members.
- Host and facilitate events for Muslim colleagues, allies and friends.
- Offer speaking-up support.
- Increase Allies.
- Provide Ramadan and Eid support for our members and the wider NHS.
- Collaborate with other staff networks and other NHS organisations to eliminate discrimination.
- Maintain and expand the membership of our network.

## Values

Our values represent how we interact with each other in everything we do. Please see our values below:



## Our values

**Kindness and compassion**

**Zero tolerance to discrimination**

**Team working**

**Being our authentic selves**

**Respecting and embracing diversity**



Everything we do is underpinned by the NHS People Promise:

# Objectives and priorities for the coming year



## Speaking-up support

- Enabling our members to tap into the power of their voice.
- Guide and empower members to use the correct procedure to raise issues/concerns.
- Provide pastoral support.



## Increase awareness

- Raising the profile and visibility of the network.
- Increasing awareness about Muslims and Islam-based practices and needs.
- Increase awareness about Islamophobia and its effect.



## Increase allyship

- Increase allies throughout the NHS to actively support Muslim colleagues.
- Provide opportunities for allies to reflect and learn together.
- Promote allyship training and cultural awareness.



## Events for our members

- Providing members with a safe space to network and to create a sense of belonging.
- Holding events tied to national campaigns and key Islamic celebrations.
- Providing spiritual knowledge and guidance.



## Wellbeing support

- Providing wellbeing support to our members.
- Signposting members to other internal and external support available.
- Empowering our members to put their health and wellbeing first.



## Talent development

- Develop our members to equip them with the skills required to progress their careers.
- Develop leadership capabilities.
- Providing Coaching, Mentoring and Reverse Mentoring opportunities.

